

This is how INTO the DEEP spends the summer:  
infusing outdoor adventures with Theology of the Body insight.



How will you spend YOUR summer?

WEEK-long  
CREW  
POSITIONS  
available!



SUMMER-long  
INTERN  
POSITION  
available!

More details attached; ask for an application today: [info@idretreats.org](mailto:info@idretreats.org)

## MISSION CREW VOLUNTEER: WEEK-LONG UNPAID POSITIONS

Age Requirements Vary

- ✓ **APPLICATIONS WILL BE ACCEPTED** from JANUARY through MAY (or until the positions are filled each season)
- ✓ *To see this year's retreat offerings, go to the EVENTS tab of our website & look for the current year of "I.D. Retreats"!*

Each person deserves to know who they are and why they are here: what it means to be made in God's image and thus, the meaning of life and love. The mission of ***Into the Deep*** is **to facilitate true understanding of our identity, reason for being, and dignity as body-soul persons made in the image of God.**

One of the ways ***Into the Deep*** fulfills its mission is to invite adults, teens, and middle school girls to step away from life for a time and join us for camping retreats. The big questions can then be discussed and pondered over several days amidst lessons on the *theology of the body* ("TOB"), Eucharist-centered prayer, and the experience of living outdoors.

Though each I.D. Retreat will be unique in location, weather, participants, and circumstances, several factors will always be held in common by all retreats. Basic needs of participants will always need to be monitored/covered and we will always need to be attentive to the Holy Spirit; these are necessary for TOB content to be inserted into the day as it unfolds.

**TASKS WE WILL MONITOR TOGETHER** - it is necessary for us to be attentive and proactive in meeting and/or monitoring participants' needs for:

- Food, water, shelter, and fire.
- Safety (weather patterns, first aid, etc.)
- Psychological well-being (fears, social difficulties, etc.)
- Asking questions & assistance with new skills
- Prayer times & processing information

**TASKS THE CREW NEEDS TO MONITOR** - with training, the crew should strive for independence in these areas, while still working as a team (both with other crew members and with the entire group of participants):

- Monitoring the whereabouts of participants/covering areas where they are hanging out
- Assuring that communication has been clear with participants
- Recruit participants to help with tasks
- Setting up/taking down tents
- Fire building
- Water filtration
- Prep, cooking, & clean-up of meals
- Monitoring/stashing of gear (keeping a clean camp, watching for left-behind belongings)
- Prepping participants for a day "out" (water, rain gear, clothing for weather & activity, etc.)
- [for canoe trips] Prepping/ loading canoes (arranging by abilities, weight distribution)

### **AS ASSIGNED:**

- Drive an 8 or 15 passenger van (age 21+ required; age 25+ and defensive driving preferred)
- Administer prescription meds to youth (high school and middle school girls retreats)
- Administer First Aid & monitor situation
- Help with emergency procedures in dangerous weather or circumstances

### **REQUIREMENTS:**

- Crew are responsible for their own transportation to and from Minneapolis.
- 1 or 2 personal references (not family) & one letter from your pastor or parish priest
- Background Check, including a check on your driving record (if you will be a driver)
- Virtus (Safe Environment Training), First Aid, & CPR Training (not provided by ***Into the Deep***)
- Commitment to the timing of particular retreats; each will vary (please inquire) but will include a full day of preparation beforehand and a full day of gear clean up afterward. Training days with fellow crew may also be needed.

## MISSION CREW INTERN: PAID SUMMER-LONG POSITION

Age 21+

✓ **APPLICATIONS WILL BE ACCEPTED from JANUARY through MAY (or until the positions are filled each season)**

Building on the Mission Crew Position (and containing the full description on the reverse side), the Summer Intern Position is intended to span the months of **June, July, and August (exact dates determined by summer retreat schedule and intern's availability)**. It is geared for those who desire a full experience of planning, preparing for, and executing camping retreats for both youth and adults while also learning and serving the operations of a small nonprofit organization. A highlight within this experience is an integration of theology of the body language within the atmosphere and circumstances found on *Into the Deep's* camping retreats.

### ADDITIONAL TASKS (beyond "Mission Crew" description)

It is not assumed that you will be proficient in each of these tasks before coming on board as an intern, but each applicant's skill set and learning preferences will be considered. This is also not an exhaustive list; *Into the Deep* is planning on this position for the help we need while offering you a hands-on learning experience.

### PRIOR TO SUMMER RETREATS:

- Studying and discussing basic concepts of the theology of the body and how it is applied to daily life, vocation, and topics of morality (may include short book studies and videos).
- Communication (phone calls & emails) with other leaders, adult participants or parents of youth participants.
- Detailed gear and menu planning (learning the logic behind these preparations).
- Possible involvement with social media posting about retreats.

### POST - SUMMER RETREATS:

- Detailed gear cleaning and repairs; prepping gear for storage.
- Thorough debriefing about summer experiences and compilation of feedback forms: for the sake of personal improvements and for the sake of improving processes on the retreats.
- Researching and planning the following year's retreat dates and details.
- Creating related documents for the following year's retreats.
- Using an existing template to create website pages for each future retreat on WordPress.

### ADDITIONAL CONSIDERATIONS (in addition to requirements listed under week-long volunteer position):

- Familiarity with keyboarding, Microsoft Office (Word and Excel), and Google Docs and Sheets are preferable.
- Special skills are welcome, especially videography, photography, graphic design, marketing or website optimization.
- Interns are responsible for their own transportation to and from (as well as within) the Minneapolis/St. Paul area for the duration of the internship.
- A room in the home of a community member will be provided if the intern is not from the metro area; please inquire for more details about what this arrangement would entail.
- This as a missionary position and we are aware of what it will require of you, therefore we offer a stipend of \$300 per week, for up to a total of 12 weeks / \$3600 (pre-tax).